

Programme Day 1: Thursday 8th October 2026

0930 – 1000	Arrival and Registration COFFEE, TEA, BISCUITS	
0955-1010 1010-1015 1015-1030	Welcome Presidential Address	Tom Doyle CEO MESMAC GenderPlus Alison Berner
1030 – 1100	Can the state stop parents taking their children abroad to access puberty blockers?	Peter Dunne
1100-1200	Plenary: Perspectives on primary care approaches to prescribing endocrine treatment for gender incongruence	Helen Greener, Hil Aked, Paul Nathan, Jonathan Wilson
1200 – 1315	LUNCH See below for poster details in the Brigante foyer	Posters
1315 – 1415	Workshops A Using Ambient voice technology B Gender-Affirming Voice Care: Modern Surgical and Non-surgical Approaches C Running a Group for Parents and Carers of Trans and Gender Diverse Young Adults	Grace Gee, Jo Taylor Laura Charlton, Chadwan Al Yaghchi Sarah Favier and Laura Johnson
1415 - 1430	NETWORKING BREAK – COFFEE, TEA, BISCUITS	Posters
1430 - 1500	AGM	
1500-1600 1600-1700	Afternoon Presentations How can we better integrate true research in gender services? James Lind Alliance priority setting exercise	Alison Berner Lilly-Emma Thynne
1700-1705	Reflections on Day one and on the themes so far.	

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1705-1735	Film: On Queer Aging and Endings by Christian Schulz-Quach featuring Esben Esther Pirelli Benestad and Elsa Almås Alongside affirming and joyful content, the film contains references to queer people's death and suicide, queerphobia and distress.	
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Poster Title	Authors
Pride in transgender and gender diverse identity and mental health: a systematic literature review	Zoe Aldridge
Trans and intersex representation in healthcare educational textbooks	Lexi Breen
Role for Insight: The Use of Tabletop Roleplaying Games for Gender Identity Exploration	Hollie Craig
Symbol and Metaphor in Understanding Queer and Trans Healthcare Access	Lex Crooks
Waiting, Listening, Designing: Reimagining Support Before Voice Therapy	Grace Gee
Evaluation of Clinical Validation appointments in the NHS Scotland Young People's Gender Service	D'Arcy Harper
Psychological Outcomes Following Integrated Psychology Input Within a Gender-Affirming Surgical Pathway	Ryan Holmes
Embodied Safety Beyond Therapy: Exploring Trans and Gender-Diverse Experiences of Sauna Spaces and Self-Reported Regulation	Lorenzo LoBianco
Embedded psychological care within gender-affirming surgical pathways: service design, implementation and early insights	Li-Ling Song, Savani Bartholdy, Ryan Holmes
Understanding the prevalence, motivations, and support needs of trans, non-binary, and gender-diverse adults using DIY hormone therapy	Lilly-Emma Thynne

Social Event:

7pm Start	Evening Social Event Brewery Wharf tavern	
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Programme Day 2: Friday 9th October 2026

0830-0900	Arrival	
0900 – 1000	Prescribing update	Kate Nambiar, Leighton Seal
1000-1015	Coffee Break	
1015-1115	Keynote	Oscar Davies
1110-1115	Movement	
1115-1145	Rethinking readiness for gender affirming surgery	Zoe Chouliara
1145-1150	Impact of trans negativity on professionals in the UK	Lauren Gladston
1150-1205	Farewell my concubine: a cultural review	Kamilla Kamaruddin
1205-1210	Cancer Incidence, Mortality, and Health Behaviours Among Transgender and Gender Diverse Adults in England from Primary Care data (CPRD)	Jamie Kavanagh
1215 - 1330	Lunch	
1330-1430	Reproductive and genital health in trans masculine people	Ruth Bond, Joe Smith, Diya Padiyar
1430-1515	Providing good care to trans sex workers: A TransActions Practitioner Toolkit	Mary Laing
1515-1530	Top ten tips	Ruth Bond
1540	Close & Thanks	
1545	Coffee and networking	